

HOLDERNESS RECREATION PRESENTS BALLROOM DANCING

With Juli Pruden



Thursday Nights at Holderness Town Hall

Ballroom, Latin, and Swing Dance Returns to Holderness Rec is back on Thursday nights with ISTD trained instructor, Juli Pruden. Couples and singles are welcome, although finding a partner, any partner, is helpful. Classes are one hour each week and will give you not just the steps and patterns, but also the technique and partnership skills to make them look and feel comfortable and smooth.

New Session: October 28th— December 9th. **Pre-registrations due by October 21st.**

(No class on 11/25)

5:45-6:45PM Beginner Night Club 2 Step--Night Club 2 Step is an essential dance for social dancing. It accommodates a wide range of tempos and is like a lovely mixture of waltz, salsa, and bolero. The bonus: it's easy to learn and so handy for wedding season.

6:45-7:45PM Beginner Ballroom -This class will overcome your shyness about getting out on a dance floor with the basics in Foxtrot, Waltz, and East Coast Swing as well as the partnership skills to make them look and feel good. Join in the fun!

7:45-8:45PM Beginner Merengue--Merengue is a popular dance, in part because it's so easy to learn. It's the national dance of the Dominican Republic, and the music is very upbeat. The rhythm is straightforward so even if you have 2 left feet, you can master this dance in no time! Come join the party!!

Pre-registration / pre-payment is required for these classes. There is a minimum and maximum number for each class.

You may register and pay online at <https://holdernessrecnh.recdesk.com/Community>

You may also register in person at Holderness Town Hall (registration forms are in the lobby) or you can download a registration form and mail it in with your payment **by October 21st**. Please be sure to include for which class the payment is intended. Please also include your phone number. 6 week session is \$120 couple. If you are interested but do not have a partner, you may still attend, but need to know that you may be dancing solo. The single cost is \$65.

Please also be sure to bring a change of shoes as required.

Covid information:

Masks are required for this program due to the close nature of the instruction.
Masks and sanitizer are available.

For more information you may contact
Juli Pruden at dancingqueen@sixchimneys.com
or Wendy Werner at 603-968-3700, recreation@holderness-nh.gov.
We hope you can join us!